

ST. JOHN

TRADEWINDS

The Community Newspaper Since 1972 • St. John, U.S. Virgin Islands

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Revelers Pack Cruz Bay Beach To Celebrate New Year's Eve



St. JohnTradewinds News Photo by Tom Oat

St. John New Year's Eve Selfie!

As thousands swarmed to Jost Van Dyke, revelers on Cruz Bay Beach at Wharfside Village enjoyed a growing New Year's Eve celebration which filled the waterfront.



Six Honored at 20th Anniversary Kwanzaa Event

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Together we are one

Residents Welcome Christmas With Caroling



St. John Tradewinds News Photos by Judi Shimel



Early morning Christmas carolers express their love of the season with voice and rhythmic instruments on Wednesday, Dec. 25 at the bandstand at Franklin Powell Sr. Park in Cruz Bay.

The second Annual Christmas Serenade was sponsored by the St. John staff of the V.I. Legislature. A traditional pot luck buffet helped the singing celebration.

Administrative Leave Granted

Monday, January 5 for the Inaugural Ceremony: administrative leave is from 8 a.m. to 5 p.m., territory wide. Tuesday, January 6 is Three King's Day and is a legal holiday.

ACC Annual Meeting Set for January 8

The Animal Care Center of St. John (ACC) will have its Annual Meeting on Thursday, January 8, at 6 p.m. in the activity hall of the Lower Giffit Hill School campus.

All dues-paying ACC members are invited to attend. Others may also join ACC at the beginning of the meeting by paying the modest annual membership donation at the entrance to the meeting. The agenda will include a financial report, year-end annual report, and a membership vote by paper ballot for Board seat openings. Names of several St. John residents who have been nominated and who have agreed to stand for election will be on the ballot. In addition, spaces will be provided for write-in candidates.

KATS Program Swim Test Is Jan. 10

Any child wanting to enroll in the Rowing & Seamanship Program of Kids and the Sea needs to take a swim test. KATS will provide swim instruction after the test if students do not demonstrate adequate swimming skills. The swim test will be Saturday, January 10.

Participants need to meet at Skinny Leg's around 9 a.m. and should plan on returning to Skinny's by 11:30 a.m. KATS will transport students to Maho Beach for the test. Children should wear bathing suit and sunblock, bring a towel and water. Parents welcome to accompany. For more information Jennifer 514-3718 or email katsstjohn2001@yahoo.com.

Amateur Radio Exams Set for Jan. 11

The St. John Amateur Radio Club will be giving exams on Thursday, January 11, at 11 a.m., at the Emergency Center on the lower floor of the Public Works Building at the corner of Giffit Hill and Centerline Roads.

Please bring a photo ID and \$15 fee. Call Malcolm Preston, NP2L, at 340-693-8782 for more information.

STJ Historical Society Meeting Jan. 13

Join the St. John Historical Society on Tuesday, January 13, at 7 p.m. at the Bethany Moravian Church Hall for a presentation and slide show devoted to "A Celebration of St. John Women Who Have Made a Difference!"

The event will highlight the lives of five extraordinary women of St. John and the Virgin Islands. Board member Rafe Boulon will introduce you to his grandmother, Erva Boulon; Oswin Sewer will showcase his mother, Huldah Sewer; board member Elroy Sprauve will talk about his sister, Elaine Ione Sprauve, and educator Clarice Thomas; and the president of the society, Lonnie Willis, will highlight the life of her friend and mentor, Doris Jadan.

Join the SJHS to hear about these women who helped shape St. John and influenced the lives of so many Virgin Islanders.

School Supply Drive on January 17

The Bethany Moravian Church Board of Stewards will be hosting a School Supply Drive on Saturday, January 10 in the Franklin A. Powell, Sr. Park from 9 a.m. to 1 p.m.

Books, pens, paper, rulers will be accepted and monetary donations are welcomed as well. For more details, call (340)776-6291.

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Sorority Honors Six at 20th Anniversary Kwanzaa Celebration

By JDUI SHIMEL
St. John Tradewinds

CRUZ BAY — A colorful, cultural night was enjoyed by visitors to Franklin Powell Park Dec. 26 as the Alpha Kappa Alpha Sorority, Sigma Theta Omega Chapter hosted their 20th Annual Kwanzaa celebration.

Honored at the event were six men and women from St. John and St. Thomas. Each was chosen to represent one of the seven principals of the ancient text used by Kwanzaa originator, Dr. Maulana Karenga. The seven principals of the Nguzo Saba are invoked for each day of the first fruits festival, which starts the day after Christmas.

Because the seventh principal – faith – did not have its own honoree, AKA soros designated the people of the Virgin Islands.

Retired educators May Richardson and Lawrence Sewer represented the principals of Umoja (unity) and Nia (purpose). Businesswoman Irma Pickering represented the principal of Kugichagulia (self-determination).

To represent the principal of Ujima (collective work and responsibility), soros chose engineer Felicia Blake. They presented retired senior services provider Edna Freeman as the embodiment of Ujamaa (cooperative economics).

Artist and sculptor Afreekon Southwell was honored for devoting his talents to the principal of Kuumba (creativity).

Southwell thanked AKA for making him a part of the annual celebration. Freeman spoke of her continuing devotion to the seniors of St. John, years after retiring from



St. John Tradewinds News Photos by Judi Shimel

Businesswoman Irma Pickering accepts the congratulations of Alpha Kappa Alpha Sorority President Annette Henderson Friday night in Franklin Powell Park. Pickering was among six persons chosen for their commitment to improve their community in the spirit of Kwanzaa.

the Department of Human Services.

Richardson extended the tidings of the season to the crowd and wished them God's blessings. Sewer thanked his family and spoke about his formative years living on St. John.

Pickering's children and grandchildren, members of the Inner Visions Reggae Band, sent a letter that was read at the Friday ceremony. They praised their matriarch for her

dedication to their family and her community.

Blake, herself a member of AKA, thanked her sorors for their dedication to upholding the Kwanzaa tradition year after year.

"I am also a Pan Africanist and we serve our community," she said. One person can't make a difference, all of us can make a difference together."



Retired educator Larry Sewer was among six men and women honored Chapter Dec. 26 in Franklin Powell Park. After the ceremony Sewer spoke about the meaning Kwanzaa held for him, his travels to Ghana and the things he learned as he explored the history of his native St. John.

As the ceremonial portion of the program wrapped up and the Mungo Niles dancers swirled in a quelbay performance, Sewer told what Kwanzaa meant to him. He said he lived in California in the late 1960s when Dr. Karenga invoked the Kwanzaa concept.

There were those at the time expressing fear that Kwanzaa would become a replacement for Christmas but Sewer said he remembered Karenga saying the festival of the first fruits was meant to build the community through application of the seven principals.

St. John Prepares a Gubernatorial Fête

By JDUI SHIMEL
St. John Tradewinds

CRUZ BAY — St. Johnians and their friends are planning a day of activities to celebrate the inauguration of a new governor and lieutenant governor. The chief organizer for those events, set for Jan. 7, said celebrations start by mid morning and include a church service, youth performances and a chance to meet Governor Kenneth Mapp and Lieutenant Governor Osbert Potter.

Laurell Hewitt Sewer, chair of the Mapp-Potter St. John Inaugural Committee, offered a glimpse of the festivities as she and a group of volunteers got ready to spruce up the Battery, which serves as the island's official Government House.

"On Wednesday we're going to have an ecumenical church service. We've invited clergy from the various churches on St. John to participate," Hewitt-Sewer said. "There's going to be a post inaugural program to follow at 12:30 pm at Frank Powell Park in the bandstand. "We have mostly students partici-

ating in that program so we have given our young people a chance to showcase their talent."

The Wednesday morning and mid-day public events resume after a private luncheon for the governor and the lieutenant governor and attending dignitaries, she said. From 2 to 4 the battery is open to the public. Lots of refreshment, food and light entertainment. get an opportunity to meet with the governor and the lieutenant governor.

Dinner and dancing cap off the celebration schedule, to be held at the Westin Resort.

The St. John inaugural events are expected to conclude three days of festivities that begin with a Jan. 5 swearing-in ceremony and military parade on St. Thomas and celebrations coinciding with Three Kings Day, Tuesday on St. Croix.

Hewitt-Sewer said planning and organizing the activities have consumed her time for the past several weeks, aided by the work of 13 planning committee members. "I think we have a pretty good program planned and its coming together nicely," she said.

**2014
RAIN DATA
at Trunk Bay**
(Courtesy of Rafe Boulon)

**MONTH:
DECEMBER 2014**

1.75 Inches

**AVERAGE
DECEMBER**

3.91 Inches

TOTAL Y-T-D

49.68 Inches

Y-T-D AVERAGE

48.43 Inches

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Thursday, Jan. 8th

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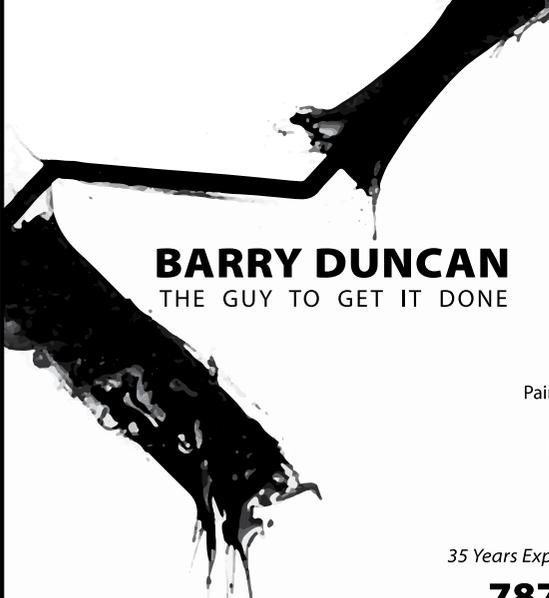
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Jeffrey Epstein Sex Scandal Fingers Britain's Prince Andrew in Underage V.I. Sex Action

By TOM OAT
St. John Tradewinds

LITTLE ST. JAMES — Jeffrey Epstein, the former Florida-based billionaire, lists the private U.S. Virgin Island of Little St. James which he owns as his primary residence with the state of Florida's sex offender registry file as required by his 2008 sentencing after pleading guilty to child sex offenses.

The decade-old sex scandal, involving the owner of the islet between St. John and St. Thomas and underage girls has taken on an international air (and royal heir) with a third purported victim joining a civil suit against Epstein and questioning the leniency of Epstein's plea deal on his 2008 sex crime conviction.

The latest alleged victim said she was forced to have sex with Britain's Prince Andrew, a close friend of Epstein, in London, New York and on a private Caribbean island owned by Epstein when she was under the age of 18, according to the Associated Press.

In the latest filing by two alleged victims seeking to join an existing civil lawsuit, the third complainant alleges her encounters with Prince Andrew took place around 1999 to 2002, according to the Associated Press. The two new complainants have asked the judge to allow them to join the existing lawsuit filed by a third woman.

Buckingham Palace responded to the news reports with a state-

ment, according to the Associated Press: "This relates to longstanding and ongoing civil proceedings in the United States, to which the Duke of York is not a party. As such, we would not comment on the detail." Prince Andrew, 54, is the Duke of York.

"However, for the avoidance of doubt, any suggestion of impropriety with underage minors is categorically untrue," the Buckingham Palace statement continued.

The three women have questioned a plea deal negotiated by federal prosecutors that allowed Epstein to avoid more serious federal charges and potentially more severe sentencing, according to the Associated Press.

No Charges in USVI

The billionaire was not charged with bringing the underage "masses" he was convicted of paying for sex in Florida to the U.S. Virgin Islands since he bought Little St. James in the late 1990s.

The Florida police detective who pursued the investigation of Epstein that resulted in the 2008 plea bargain, refused to discuss the case with *St. John Tradewinds* when contacted after the plea deal was announced. The detective also would not say whether he had ever followed Epstein to his private jet for flights from Florida to the USVI and witnessed whether Epstein had ever traveled to the U.S. Virgin Islands with underage girls.

It was not clear from published information whether authorities

had reviewed flight records at the private jet center on St. Thomas or if private jet flight manifests would have shown if underage girls had been brought into the territory.

Transforming Virgin Island

Epstein has transformed Little St. James over the past decade with a line of slender coconut palms extending along the spine of the island connecting towering flag poles flying massive U.S. flags and a shoreline residential complex facing St. John to the north.

Epstein's most visible latest creation is a "gold" dome by a metal fabricator on St. John which now tops a small structure on the highest point of his private island which appears to be an ornately-tiled, windowless box.

de Jongh Connection

Epstein has employed former banking executive Cecile de Jongh, the wife of out-going V.I. Gov. John P. de Jongh, as an executive in his USVI Economic Development Commission (EDC) tax shelter for years - while he has turned his small private island south of St. John into a Shangri La compound renowned for its "parties" with young people from Love City.

As he enjoyed the 2014 elections from the sidelines, Gov. de Jongh told *St. John Tradewinds* in a September interview on the Loredon L. Boynes Dock that he was interested in pursuing a post-government-service career in the private finance sector.

Delegate Christensen and Staff Remove Plaque



V.I. Delegate to Congress Dr. Donna Christensen, second from left, and her staff marked their "last day at the office" when they removed the Delegate's Plaque, with Del. Christensen are, from left, Monique C. Watson, Donna Christensen, Makeda Okolo, Brian L. Modeste and Angeline Muckle-Jabbar.

St. John Tradewinds News Photo Courtesy of D. Christensen

Ivy Moses Brings Family Legacy to New Gathering Space at Neptune's Landing



St. John Tradewinds News Photos by Judi Shimel

A vendor assists customers viewing a candle display at the grand opening of Neptune's Landing Wednesday in Susannaberg.

The art of scrimshaw design, inset right, is displayed on green, brown and varnished black calabash are part of a cultural display seen at Neptune's Landing in Estate Susannaberg Dec. 31. Proprietor Ivy Moses said she created Neptune's Landing to recreate the cultural experience of life in the yard, away from the asphalt and concrete of the island's town areas.

By JUDI SHIMEL
St. John Tradewinds

SUSANNABERG — On New Year's Eve 2013, St. Johnian Ivy Moses was outdoors getting fresh air and exercise when she was struck by a car, and instead of ringing in the New Year with festivities Moses started 2014 in the emergency room at Roy L. Schneider Hospital.

When New Year's Eve came around again, Moses said things would be different, and she celebrated a new start in her life by opening Neptune's Landing on Centerline Road,

Named after her great grandfather, the gathering place was created to honor and preserve a St. John way of living, she said.

The day of grand opening, brightly colored picnic tables and newly planted fruit trees greeted vendors and visitors. An audio speaker, mounted on a stand, pumped out some lively calypso.

Moses called the fledgling fruit tree stand Iva's Tropical Fruit Garden, after her father. With help from her two young sons, she planted cherry, soursop, guavaberry, mami, carambola, mango, banana and suriname cherry trees.



Carved calabash

When visitors who came to the grand opening come back in a year, she said, the place will have a different look.

"We want it to be a yard because back in the day we didn't have asphalt, we didn't have concrete, we had a yard," Moses said.

About half a dozen vendors from St. Thomas and St. John pitched canopies and set up tables for the opening of Neptune's Landing. Delroy "Ital" Anthony brought hand-crafted moko jumbies, scrimshaw calabash shells – some green, some tanned with age and some slickly lacquered to a burnished sheen.

Others brought coolers full

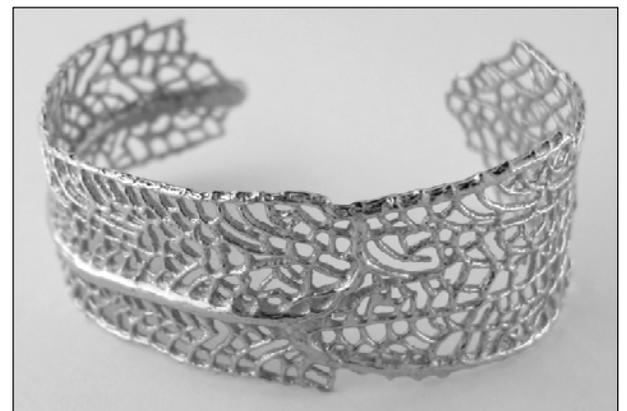
of native fruit drinks and stocked tables with colorful candles and baked treats. An official from the UVI Small Business Development Center shot photos and offered marketing advice.

Some 500 fliers were handed out in the days leading up to the opening, Moses said, most of them to taxi drivers. She hoped more would show up, she said, bringing cruise ship passengers. Perhaps as the winter tourist season progressed, they would, she mused.

The plan for Neptune's Landing is to have the site open as a vendors' crafts plaza and cultural celebration site for half a year, Moses explained. For the other half, the site would be closed to the public but open to summer camps and school groups.

Future plans for the site include construction of a stage for live performance, a free standing cook-house with space to accommodate four coal pots for old time cooking demonstrations, Moses added. A stonework bar and two clapboard structures complete Moses' picture of a St. John cultural yard.

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“No Longer the Odd Couple: Science and Spirituality” Is Topic at Next UUF

Join Rev. Sara Zimmerman at the Unitarian Universalist Fellowship (UUF) Service on Sunday, January 11 at 10 a.m. at Giff Hill School’s Lower Campus for the topic “No Longer the Odd Couple: Science and Spirituality.”

Scientists historically have been oppressed by opponents of their beliefs on religious grounds. Now the Dalai Lama calls for the collaboration of science and spirituality to help humanity meet the challenges before us. In one example this sermon will introduce, a physician’s intuition — usually believed to be more ‘spiritual’ than ‘scientific’ — is used to correctly diagnose and treat patients. Can distance healing also be used to treat patients? Research that supports the scientific basis for use of these healing modalities will be shared.

Bethany Church Bazaar Jan. 31

Bethany Bazaar and School Supply Drive on Saturday, January 31 from 10 a.m. to 4 p.m. at the Bethany Moravian Church grounds.

8 Tuff Miles Festival Begins Feb. 21

— The 8 Tuff Miles Road Race and the St. John Cancer Fund have joined forces to present the 8 Tuff Miles Festival. The festival will begin on Saturday, February 21, at 4 p.m. with “Light up the Night” an 18-hour, family-oriented, community supported overnight event.

“CBCC Forums” Series To Start Jan. 12

St. John Tradewinds

The Coral Bay Community Council will have a series of “CBCC Forums” every Monday at 6 p.m. at the Johns Folly Learning Institute in Coral Bay beginning January 12. Everyone is welcome to attend and participate. Each meeting will be different, depending on the speakers and topics.

Leaders in the new V.I. Government Administration and Legislature will be invited to speak to the community and to listen to our concerns. CBCC staff will present our work on various grant-funded projects and get community input. Environmental researchers will give reports on their studies. People will be asked to volunteer for various community projects, such

as repairing and painting the Agriculture Center community room and shoreline cleanups, gardening and more.

The first meeting on Monday, January 12 will include the following topics: CBCC’s draft project/mission agenda for 2015 – and community input.

Highlights of two CBCC current grant-funded projects:

- Coral Bay Solid Waste Management Plan, including recycling, composting and moving the main waste bin location to have a full recycling convenience center
- Update on NOAA-funded Project to remove derelict/wrecked vessels from Coral Harbor

CBCC welcomes residents’ ideas for future topics and speak-

ers.

CBCC is planning to schedule a forum for every week through March and publish a schedule of topics, usually more than one per meeting.

The Johns Folly Learning Center is a great meeting location with excellent parking. It is currently used for services by the Mt. Carmel Catholic Church on Sundays and can be identified by their sign out front on the left, as you drive on Route 107 toward Salt Pond.

For more information, call the CBCC Office at 776-2099. More information on the Coral Bay Community Council is available on the web at www.coralbaycommunitycouncil.org and on our Facebook page.

“Beauty and the Beast” Performances Set for Jan. 9-10

St. John Tradewinds

Giff Hill School students, in partnership with New England Youth Theatre, will be performing in a production of “Beauty and the Beast” on Friday,

January 9 and Saturday, January 10, and Sunday, January 11 at the Upper Campus.

Stay tuned for details and/or call 776-1730 with any questions.

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Camille Paris Named Next St. John Administrator



St. John Tradewinds News Photo File

St. John businessman Camille Paris Jr., left, was named the new St. John Administrator by Governor-elect Kenneth Mapp, right, Dec. 29. Paris, an entrepreneur in the transportation industry, is a graduate of the Charlotte Amalie High School. For more than 10 years, Paris has been instrumental in promoting the success of the annual St. John July 4th Festival as vice chairman of the festival committee and head of the festival music committee.

Former St. Johnian Ferryman Smith Now Tending to Athletes as Boxing “Cut” Man

By JUDI SHIMEL
St. John Tradewinds

ST. THOMAS — A big night under the lights for a Virgin Islands boxer also showcased the work of a young St. Johnian who is part of the supporting cast for many aspiring athletes.

Super middleweight professional boxer Julius “the Chef” Jackson defeated Arkansas contender Johnathon Nelson at the Little Creek Resort and Casino in Washington state. It was Jackson’s debut on a popular sports show viewed by millions of sports fans.

It also was also an opportunity to catch a glimpse of Jerry Smith, a former St. John ferry man who worked his way through the University of the Virgin Islands on the decks of commuter boats shuttling between Red Hook and Cruz Bay.

Smith, a humble guy with a warm smile, worked the corner of the squared circle for Jackson as his “cut man”. The “cut man” renders first aid in 60-second spurts in between rounds; taping hands, icing muscles, treating nosebleeds, black eyes and other combat injuries. It was the same role Smith played as part of Jackson’s entourage at Boxing in Paradise 6, held at Mark Marine Center, Antilles School in August 2013.

“I didn’t know anything at all about boxing,” he said, “It was a steep learning curve, but while I was training, they were training me.”

It took about two years for Smith to learn a new aspect of his craft, working first with amateur boxers

then working his way up to the professionals represented by 340 Boxing.

There are three ways to become a cut man – as a boxer, as a trainer or as a novice undergoing a lengthy apprenticeship, according to the website Livestrong.com. Smith came into his role as a trainer – a career decision he made shortly after graduating from UVI.

His career choices at the time were promising, but one was less certain than the other, Smith admitted. He could join the staff at Schneider Regional Medical Center or he could become a sports trainer at his alma mater. He decided to try his hand working as a part-time trainer for the V.I. national men’s basketball team in 2006.

From the world of sports, sports medicine opened up for the former ferryman. VI Olympians and others became clients, and Smith returned to UVI as a trainer for the Buccaneers’ men’s basketball team.

Since then the work of keeping local athletes at their physical best has taken Smith around the world, including Beijing, Russia, Mexico and South America. On Nov. 15 he was working the corner as a cut man for Julius Jackson’s brother, middleweight boxer John Jackson in Argentina.

“It’s very exciting because when you’re working the corner you’re right there,” Smith said. “You have to be very observant. You have to plan ahead to provide the fighters with whatever service they need, whether it’s core temperature control or treatment of a cut or bleeding.”



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Vivian Elise Guidi: First Baby of the New Year



St. John Tradewinds News Photo Courtesy of Andy Stillman

A Peter Bay neighborhood New Year's Eve Party ended early for Denise Walker and David Guidi but their adventure was just beginning as Denise was having contractions five minutes apart when they left the party for St. Thomas along her parents. Denise later e-mailed her neighbors that their daughter Vivian was born at 3:40 a.m. on January 1, 2015, becoming the first baby born on St. Thomas-St. John. Both are doing great.

ACC Winter Gala Fundraiser Is Set for Saturday, January 24

St. John Tradewinds

At this very busy time of year for everyone, the Animal Care Center's Board of Directors, shelter staff and volunteers are earnestly at work planning the organization's biggest fundraiser of the year – the Buccaneer Ball on Saturday, January 24, from 6 to 9 p.m.

In keeping with the theme of this year's event, everyone is expected to arrive at the Buccaneer Ball in their best pirate attire.

Mr. and Mrs. Will Ferry have graciously agreed to host the gala at their Eden's Whim villa located off of Great Cruz Bay Road. The evening will include fabulous appetizers and beverages donated by local restaurants, entertainment, photo booth, DJ/dancing, silent auction and raffle.

Tickets are now on sale for \$100, in advance of the event, and \$125 at the door. They can be purchased at the Animal Care Center, Chelsea Drug Store, Catered To, St. John Hardware, Connections East & West, and online at stjacc.org.

Raffle tickets are now available for purchase at Beach Bum, St. John Hardware, Connections East & West, Pickles, or from Leslie McKibben at eagleray-lover@me.com.

A new feature this year is the ACC online auction. Go on the Animal Care website stjacc.org and bid on the wonderful auction items that have been donated. New items are added each day so shop "early and often."

For additional information please contact the shelter at 340-774-1625 or Email: stjacc@islands.vi.

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Love City's Kip Crew Featured on Animal Planet's New Show "Alaska: Battle of the Bay"

By JAIME ELLIOTT
St. John Tradewinds

When Animal Planet's newest show "Alaska: Battle of the Bay" premieres on January 8, there will be a familiar face on one of the featured salmon fishing boats.

St. John resident Kip Crew has worked on commercial crab fishing boats in Alaskan waters for 20 years and decided to try his hand on a salmon boat for the first time in Bristol Bay, the eastern-most arm of Bering Sea.

Called the "green horn" for being a first timer on board, Crew has already been featured on one of the commercials for "Alaska: Battle of the Bay."

"There is a new commercial on and I've already said something stupid," said Crew.

The Love City, by way of Alaska, fisherman can more than be forgiven for calling the salmon free range. With five boats competing for the salmon run in close quarters, there is not much time to practice witty lines for the camera.

"It's basically bumper cars out there," said Crew. "I've never seen anything like it. You're chasing salmon and everyone knows where they are."

"They're coming down the beach and you can fish one side and you can't fish the other; it's called 'The Line,'" he said. "You're going up and down The Line and then racing back and you're in these small boats and bumping each other. It's basically controlled chaos and then they ask you to say something for the camera."

There is no shortage of drama during the six week salmon run on Bristol Bay in the Bering Sea. The Animal Planet show centers on five boats, each a mere 32-foot long, battling for the best catch in choppy seas



St. John Tradewinds News Photo Courtesy of K. Crew

Local resident Kip Crew holds up a giant Alaskan Snow Crab in Bristol Bay.

and close quarters.

Crew is aboard the *Intruder* with Irish captain Tom Walsh, who seems made for TV.

"He's six-foot two and is this huge guy with a heart of gold," Crew said about Captain Walsh. "He's from Ireland and grew up in a fishing family and wanted to come to Alaska to do the big stuff. He bought a boat for the salmon fishing and I hooked up with him through an old king crab fisherman friend of mine."

There is quite a bit of passion running through Captain Walsh's veins, according to information from Animal Planet, which doesn't shrink from the drama of "Battle of the Bay."

lery and hit pay dirt. And all the while, 35 year veteran Captain Vince Hoiby manages to find a way to stick, stay and make it pay while fishing The Line."

While Crew is no stranger to dangerous Alaskan winter weather, there were some rough days in Bristol Bay, he explained.

Brutal Bering Sea Weather

"Winter time in the Bering Sea is brutal and summer time when we were salmon fishing is not nearly as gnarly," said Crew. "But we saw some really crappy days still. The boats are only 32 feet and it gets pretty bobby, even by my standards."

When he decided to trade winter crab fishing for a summer salmon run, Crew wasn't convinced at first that having a cameraman on board was a good idea, he explained.

"I have been crab fishing for 20 years and decided to go salmon fishing in Alaska this summer instead," said Crew. "I was asked if I minded having a cameraman on the boat. My first thought was that the boat is really small and I wasn't super excited about having another body aboard."

"But I wanted the job and he turned out to be a really cool guy," said Crew.

Spending six weeks salmon fishing allowed Crew to stay home on St. John this winter with his family as he readies his own sail boat *Equinox* for charter work in Coral Bay.

Crew is putting the finishing touches on his sailboat and will soon be offering day charters.

Stay tuned for a chance to cruise local waters with an experienced boater. And don't miss Crew in "Alaska: Battle of the Bay," premiering on January 8 on Animal Planet.

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To The Rescue

by Bob Malacarne, NR-EMT, ASHI, NAEMT

Happy New Year!

St. John Tradewinds

Greetings from the members of St. John Rescue.

Another year has rapidly vanished into history. St. John Rescue is entering into 2015 with a hearty agenda. We hope to be more open to the public and to solicit more public input and support for our organization.

Currently, members of St. John Rescue are responsible for the day-to-day life-saving duties as well as the administrative and maintenance duties that are required to keep our organization up and running. We feel that once members of the general public are involved in some of the duties of our organization then the responding members will have more time to devote to our core mission which is to provide general emergency services.

St. John Rescue is an incorporated independent agency that works under a Virgin Islands charter. We are a non-profit 501(c)(3) organization. We encourage members of the public to contact any St. John Rescue member for more information about being a part of the St. John Rescue organization as either a responding member (rescue diver, boat captain, participant in land and marine rescues), or a non-responding member (helps with building/vehicle maintenance, dispatch, communications, or any other service you are willing to provide).

Being a member allows you to participate in any of our training sessions free of charge.

Learning CPR is essential to improve outcomes for

people experiencing a heart attack. Just a three hour CPR course taken at our headquarters could mean the difference between life or death to a loved one. Please consider taking one of our CPR courses offered on the second Saturday of each month.

Our next CPR class is on January 10, 2015 starting at 9:30 a.m. All CPR sessions are conducted at our headquarters on Centerline Road in Pastory. If you are interested in signing up for this CPR class please contact me at stjrescue9@gmail.com or at (340)626-5118.

St. John Rescue will be offering a 48-hour Emergency Medical Responder (EMR) course starting on January 22 at 6:30 p.m. This training will be at our headquarters on Centerline Road in Pastory.

Anyone interested in being an Emergency Medical Responder contact me at (340) 626-5118.

November-December Incidents:

- November 24-Boat aground off Nanny Point CG sent a helicopter
- December 11 Woman in the waters off Peterborg Pt St. Thomas
- December 14- Woman with injured ankle in Cruz Bay
- December 22 Motor Vehicle Crash with 4 patients-National Park
- December 23 Motor Vehicle Crash- Coral Bay with 2 patients

- December 24 Female in Cardiac Arrest- Pine Peace
- December 27 Male boater in distress off Stevens Cay
- December 30 Female swimmer in distress off Sapphire Beach

St. John Rescue members responded to each of these incidents. We look forward to working with VI EMS, VI Fire Service, VI Police Department, National Park Service, and VITIMA in the new year.

Our next edition of *To The Rescue* will list all our activity for 2014.

Looking back on the past few years I realize how lucky we all are to be alive and well. We live on a beautiful island among friendly caring people. So if you don't feel so lucky read the following excerpt taken from a recent publication:

– *Today before you say an unkind word-Think of someone who can't speak*

– *Before you complain about the taste of your food-Think of someone who has nothing to eat*

– *Before you complain about life-Think of someone who died too young*

– *Before you complain about your job-Think of the unemployed, the disabled, and those who wish they had your job.*

– *And when depressing thoughts get you down-Put a smile on your face and thank God you're alive and still around.*

Until next month, Stay safe.



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ANIMAL CARE
CENTER



BARB is about 2 years old, and she is a Terrier/Hound Mix. She finished her heartworm treatment recently and has made a full recovery. Barb is a very loving dog and can go into any type of home, and she is great with other dogs.

Please consider this very loving dog.



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St. John Tradewinds News Photo Courtesy of SJFS

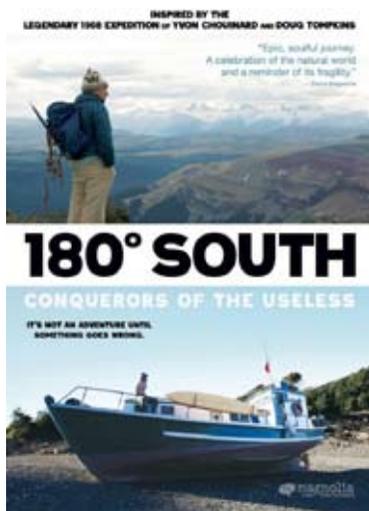
Today, over two million acres in Patagonia are under permanent protection, according to "180° South: Conquerors of the Useless."

St. John Film Society Will Present "180° South: Conquerors of the Useless"

St. John Tradewinds

180° SOUTH is the story of one of the most unique and prolific environmentalists of our time, Yvon Chouinard. Rather than re-living Yvon's story through old photos and his life's work with pie charts, 180° SOUTH weaves Chouinard's tale through a modern day expedition. This expedition was inspired by the rumor of a legendary trip in 1968 and the proof that came with it when the lost cans of film that documented the trip were recently discovered. The old footage captures Chouinard and best friend Doug Tompkins in 1968 as they explore untouched mountain ranges and un-surfed coastline on a 5000 mile expedition from California to deep Patagonia. For the two men, the original '68 adventure still stands as "the trip of our lives."

A young American adventurer named Jeff Johnson happened upon the footage in 1990 and spent the next ten years of his life dreaming of following their footsteps south. In 2007, Jeff dropped everything to finally fulfill his dream. He set out to follow Chouinard's classic route on what became a six month traverse of North and South Amer-



ica. His hope is simply to find un-climbed mountains and un-ridden waves in the spirit of his heroes. However, as he travels, his eyes open up to the see environmental disasters that threaten these places as well as the human triumphs that are working to save them.

From the start of the film, each scene seamlessly echoes back and forth between Jeff's modern day adventure and conversations happening in a century old stone cabin in deep Patagonia. The two men (Chouinard and Tompkins) cook the fish they have just caught on a

wood-burning stove. Their hair is silver now and the lines on their faces speak volumes. They have been best friends and expedition partners for over fifty years. They recount their lives with simple and humble narratives (all of which have achieved folkloric stature in the outdoor world). The stories come to life with classic archival footage and hand drawn animation (by artist Geoff McFetridge). Each story flows in-and-out of Jeff's voyage becoming a parable to a thesis that has solidified them as true visionaries in the most important revolution of our time: the preservation of the natural world.

SJFS will screen the film on Tuesday, January 6 at St. John School of the Arts in Cruz Bay at 7:30 p.m. There is a suggested donation of \$5 or become a 2015 St. John Film Society Member (\$35. for individuals / \$50. for families).

SJFS is supported in part by the National Endowment for the Arts, Virgin Island Council on the Arts and St. John Community Foundation. For more information contact St. John Film Society stjviff@gmail.com or www.stjohnfilm.com.



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On *the* Market

A feature dedicated to special homes on the market listed with *Tradewinds* real estate advertisers*

Villa Tamarind Offers Stunning Views and Opportunities

By **JAIME ELLIOTT**
St. John Tradewinds

Enjoy sweeping views over Pillsbury Sound from the unique Villa Tamarind.

This three bedroom, three and a half bathroom home is for sale for \$1.35 million, explained Holiday Homes of St. John broker associate Jan Courlas.

Nestled on a full 0.75 acre parcel above Cruz Bay, Villa Tamarind offers all the amenities of in-town living. Enjoy walking to the many gourmet restaurants, exciting shops and beautiful galleries of Cruz Bay.

The alabaster beaches of the

famed North Shore of the island are only a short drive from Villa Tamarind as well.

“The buyer of this home will enjoy the Cruz Bay location and love being so close to the shops, restaurants, galleries and waterfront,” said Courlas.

Soak up those stunning views of Pillsbury Sound and Lovango Cay out to St. Croix from the expansive verandah at Villa Tamarind. You’ll never tire of watching the tropical sun dip below the horizon as the lights of St. Thomas twinkle to life in the distance.

A few steps down from the verandah will lead you to your own

private pool and spacious deck. If you don’t feel like trekking out to one of the many beautiful beaches on the island, make it a home day with a good book and stretch out by the refreshing swimming pool.

Villa Tamarind also offers someone the unique opportunity to put their own stamp on this home, Courlas explained.

“The ideal buyer for this home will enjoy putting improvements and their own personal touches in place in this older, yet very well-designed home,” said Courlas. “This is a chance to make a home your own.”

The location of Villa Tamarind,



St. John Tradewinds News Photos

Nestled on 0.75 acres above Cruz Bay, Villa Tamarind offers all the amenities of in-town living.

and its large parcel size, also offers a new buyer expansion possibilities, Courlas added.

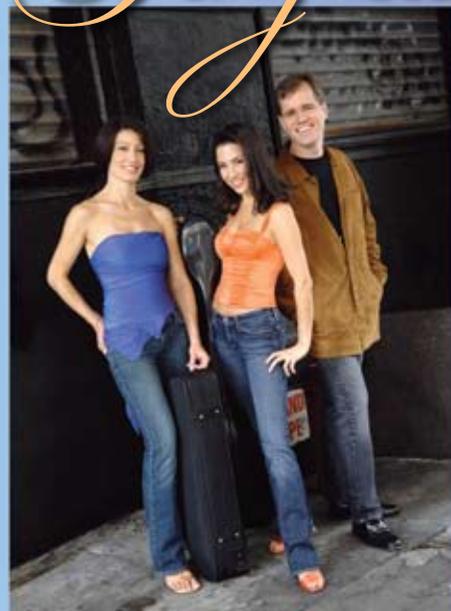
“The full three-quarter acre plot, which is a very flat piece of land, in Cruz Bay is zoned R-4 (residential four),” said the Holiday Homes of St. John broker associate. “This allows for future expansion and lots of possibilities.”

Villa Tamarind boasts the ultimate in convenient location, just

minutes from the ferry and barges of St. John and those white sand beaches, while offering tantalizing expansion potential.

For more information on the unique opportunities available with Villa Tamarind and its oversized three-quarter of an acre Cruz Bay plot of land, call Courlas at Holiday Homes of St. John at (340) 776-6776 or on her cell phone at (340) 643-5102.

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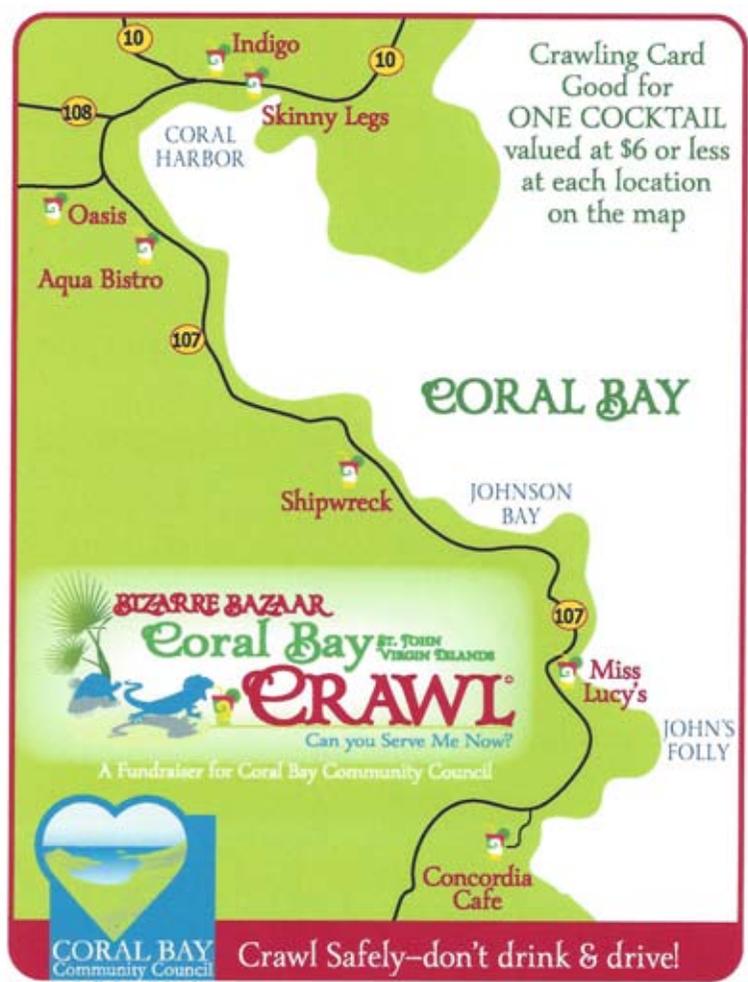
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- Light Up The Night
February 21st - 6pm
Winston Wells Ball Park
- February 27th
Pasta in the park Cruz Bay Landing
5 to 7pm
- February 28th
8 TUFF MILES - 7:15am
National Park Visitor Center
- 8 TUFF Awards Ceremony
Morayase Junction - 4 to 6:30pm
- March 1st
Oppenheimer Recovery Party
Oppenheimer Beach - 11am to 4pm

Proceeds to benefit
ST. JOHN CANCER FUND



St. John Tradewinds News Graphic Courtesy of CBCC

The Coral Bay Crawl card comes in an attractive envelope accompanied by a map.

Drink Discount Card Sales Created To Support CBCC

St. John Tradewinds

Seven Coral Bay Restaurants are supporting the Coral Bay Community Council by participating in the Crawling Card promotion.

Kate Norfleet of Kate N' Design created the "Pub Crawl" colorfully designed card that is very suitable for gifting to friends and clients. It is good until June 30, 2015 at Skinny Legs, Indigo, Oasis, Aqua Bistro, Shipwreck, Miss Lucy's and Concordia Café for one free drink (valued at \$6 or less) at each restaurant.

Villa owners and property managers can stock up and provide these cards to incoming guests. Realtors and business professionals can say "Thank you" with this welcome to Coral Bay's delicious variety of restaurants.

And all locals can use this incentive to get around to enjoy each restaurant. Cards are provided in an attractive envelope with map, and are available for sale for \$25 each at Connections East and Keep Me Posted. Checks made out to the Coral Bay Community Council are preferred.

Buy Several. Get yours today. Only 100 cards have been printed and when they are gone, they are gone "til next time."

Happy New Year!



Jazzy Brunch

Sambacombo's first 2015 Sunday morning Jazz session at Miss Lucy's in Friis Bay sent melodious sounds over the slightly malodorous sargassum seaweed on the shoreline of Friis Bay.

St. John Tradewinds News Photo by Tom Oat

St. John School of the Arts

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Banzhaf - Laabs Memorial/Benefit Concert



A night of beautiful music remembering a beautiful soul Michael Weinman



*David Laabs,
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Special Guest Musicians*

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Michael Banzhaf, Flute



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Letters to *St. John Tradewinds*

Sisterhood Agenda Thanks Supporters

Happy New Year! We had a great time in Franklin Powell Park ushering in 2015.

Sisterhood Agenda would like to thank DJ Fergie for the wonderful tunes played in Franklin Powell Park throughout the night and for the many donations received. The Apple Ipad raffle was won by Pat Varlack.

This annual alcohol- and drug-free youth event would not be possible without its Community Partners and Sponsors. Thank you for making the Fifth Annual Sisterhood Brotherhood New Year's Eve Youth Extravaganza a great success.

Community Partners: St. John Community Foundation, VI National Park, VI Police Department, and VI Sports, Park & Recreation.

Event Sponsors: St. John Hardware, Grande Bay Resort, Drift Away Spa, St. John Properties, the Marketplace, Lime Inn, St. John Ice Company, Mongoose Junction, and St. John Insurance Agency.

May the spirit of sisterhood and brotherhood carry us into the wonder of the New Year.

**Warm Regards,
Angela D. Coleman**

KATS Thanks Regatta Supporters

Also this thank you, separately: St. John Kids and the Sea thanks everyone who participated in the annual Thanksgiving Day Regatta, a great event raising more than \$5,000 to benefit our youth marine program.

Hats off to the Coral Bay Yacht Club organizers and race committee, Skinny Leg's Bar & Restaurant for race central location and awards party, local businesses for terrific prizes and the sailors who make it happen by being out there on the water!

We continue to educate children because of the constant support of our beloved community. Thank you again and keep sailing.

Jenn Robinson

Crossword Answers (Puzzle located on Page 20)

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Emmanuel Prince helps to keep Pine Peace dumpster area sightly.

City of Fitted Rocks

As we welcome in the new year and set our resolutions in motion, let us remember to treat our surroundings with care. Tourists and locals alike can appreciate our natural beauty when the eyes aren't focused on trash.

It is hard work to constantly pick up and remove garbage every day. The many trash haulers are to be commended for their tireless efforts. We can endeavor to assist by thanking them for a job well done and making sure all the bags are in the bins.

Please do not place unwanted items in front or along side the bins. This creates an unsightly mess. Have a yard sale or wait for the next flea market event.

A group of concerned St. Johnians has created a small rock wall next to the Pine Peace bins. We are asking everyone to respect their efforts by leaving the stones in place.

Because of the high winds, debris from the trash

bins is blown towards the pond and into the mangroves. We would like to erect a fence behind the dumpsters to prevent this. If any one would like to donate fencing and posts, please call 228-7439 and speak to Prince.

Once this is done, we can organize a community clean-up. A big thank you goes out to Lance Sonson, Dave Queely and Mr. Penn for their assistance in this project.

St. Johnians, this is our year. Let us build a better St. John by taking care of God's earth.

Special congratulations to our new Island Administrator, Mr. Camille Paris Jr. We pray that God will grant him wisdom in decision-making, health and strength to carry the vision and peace of mind when the job is done.

**Let's Roll,
Emmanuel Prince**

Carol's Last Day

December 30, 2014 was Miss Carol McGuinness "Official" last day as the Librarian at the Elaine I. Sprauve Library. Carol arrived on St John as the Librarian in January 1993 and for the past 22 years has been an invaluable asset to our community, especially the children of St John. Her loyalty and willingness to constantly provide additional activities and services that were beyond her normal "duties" is a rare trait, one that was so greatly appreciated and will be deeply missed. As part of her legacy, the Friends of the Elaine I Sprauve Library was created and remains. Over the course of the past 10 years the "Friends" have been instrumental in aiding the library to provide programs, magazine subscriptions, purchase movies and fund the construction of beautiful new bookcases.

While the future of the library remains unknown,

one thing that is certain is the "Friends of Elaine Sprauve Library" intend to continue supporting programs for the children of our community and keeping OUR Library in the forefront for the new Governor. This includes ensuring the Caribbean Collection as well as all items that were specifically donated to the Elaine Sprauve Library remain on St John. We look forward to working with the new Librarian in the new year.

Carol; Thank you for all your years of dedication and friendship. We are excited for your "New Chapter" and look forward to having you on the Friends Board in the position of Secretary. In the words of Dr. Seuss "Don't cry because its over, smile because it happened". We will be smiling through our tears.

Robyn Podany

Letters to *St. John Tradewinds*

Six-Pack Regulation Change Is Questioned

The new proposed 6-pac to 12 passengers regulation (H.R.5769 - 113th Congress (2013-2014): Howard Coble Coast Guard and Maritime Transportation Act of 2014), from what I can read from the Governors press release's, he does not understand what he proposed. He states on his press release *'much of the industry moved to the BVI which followed international standards and a twelve passenger limitation'*. There are no international standards for boats carrying 12 passengers or less that I am aware of, only 12 and above. When the governor first stated that he was proposing this, he said this would befit term charters, no where is term charters mentioned in this proposal.

If passed as proposed, a boat boat for hire wanting to carry 12 passengers or less will be required to be inspected in the BVI's to operate in U.S. Waters or U.S. Law will have to be rewritten to mirror the BVI's Code of Practice for the Safety of Small Commercial Motor Vessels, known as the "yellow code", & The BVI's Code of Practice for the Safety of Small Commercial Sailing Vessels known as the "blue code." No matter what the vessel will still be required to be inspected either by the USCG or BVI's using the blue/yellow code once a determination is made. In the Daily News article on 3 april the article states "Rather than trying to force an exemption for boats carrying more than 6 passengers, the new measure simply states that if the boat is certified and inspected in the BVI, that certification is enough for U.S.-flagged ves-

sels to operate out of the U.S. Virgin Islands and carry more than six passengers.

Was the BVI government involved in this proposal? They just published an article titled 'BVI fires back in yacht clash with USVI'. From reading the article it sounds like they have no idea they will be conducting safety inspections if the USCG is not doing this for boats in U.S. waters unless U.S. Law changes to their own the yellow/blue code. If they are unhappy with having to inspect U.S. vessels and the competition from U.S. vessels, all they would have to do is not inspect them and all the money spent to lobby and pass this proposal would have been for nothing.

A limit on the size of the vessel should have been in the proposed regulation, the way its written, this is open to any vessel in U.S. waters, the boat does not even have to be bound for the BVI's. We are outsourcing our safety regulations to another country for profit, there is NOTHING stopping U.S. Flagged boats from having the U.S. Coast Guard inspect them now.

What should have happened was to change the U.S. regulation from 6 to 12 passengers so the USCG would still be the regulatory agency, not another country. Why should the Virgin Islands get an exemption and not the continental states, are our waters safer?

Captain Tom Larson

Sadie Sea Charters and USCG Retired

Fight, for God's Sake

Having heard about the fight to Save Coral Bay, in the East End of St. John, when I was in Cruz Bay St. John, where the ferries come in to the West, by St. Thomas, I believed that there was a fierce fight going on to stop development. The papers seemed to show a strong force of people leading this fight, and there are temporary tattoos and a Facebook page and experts and graphics people and other talent on board to make this a prominent issue.

Tonight, sailing into Coral Bay, naturally we stopped at Skinny Legs to share the music food and general vibe. I saw some tourist shops open, selling Coral Bay paraphernalia. I asked where the shirts were that said: 'Save Coral Bay' and both shop owners directed me to some place over inland, I guess. I am there by dinghy and I am not traipsing around. I thought that, right there in the harbor, they would be ideal places to educate tourists and show solidarity for this cause, but both times, the owners deferred. One said the Corps of Engineers would not let that happen to the mangoes. Also that the Americans should show that it matters to them first. Excuse me? That is a hippy reefer dream, if you ask me.

The other owner just waited until I was out of earshot to explain to the confused clientele that a small marina would be ok. Again, excuse me?? I felt like I was in the movie 'Dumb and Dumber'. Developers live to profit off this kind of inexcusable ignorance.

Having been in similar fights in the states, I know what fighting development entails. You have to do battle, because they will not concede without being forced to. As Frederick Douglas reminded Lincoln: 'Power accedes nothing without a demand-it never has and it never will.'

It doesn't take people from away to do the demanding, it takes people who will be hurt by it right here, to start the fire of conviction and to keep it blazing in people's hearts. Too little too late will not Save Coral Bay.

Who does it take to make this happen successfully? It takes parents who will see the place ruined for their kids. It takes people young AND old, who want to live a peaceful existence to see that the fight has come to them, no matter how far away they think they have escaped. There sometimes is never a place to run to if you don't stand up and fight for what you believe in. You can't retire from your conscience.

I was dismayed that these people seemed to mentally quit the effort before the fight has really begun in earnest. What in heavens name for? I have seen and heard enough: this plan is a disaster. Even more--it is a massive disgrace to anyone calling themselves a Coral Bay and a St. John resident.

And why should this even be happening? The island has miraculously managed so far to continue to

Continued on Page 16

DID YOU KNOW...

THAT YOU CAN SUPPORT YOUR FAVORITE NON-PROFIT GROUP AND YOUR ISLAND NEWSPAPER AT THE SAME TIME?

Animal Care Center of St. John
Coral Bay Community Council
Friends of the Virgin Islands National Park
Giffit Hill School
Island Green Building Association
Kids First!
Kids in the Sea (KATS)
Sisterhood Agenda
St. John Audubon Society
St. John Christian Academy
St. John Community Foundation
St. John Film Society
St. John Historical Society
St. John Montessori School
St. John Recycling Association
St. John Relay for Life
St. John Revolving Fund
St. John School of the Arts
St. John Youth Coalition
STT/STJ Chamber of Commerce - STJ Chapter
Team River Runner
Using Sport for Social Change
(and many more)

Call to add your registered non-profit to this list

IT'S A SIMPLE SOLUTION: Underwrite a yearly advertising budget for your favorite community group.

St. John Tradewinds supports all registered non-profit organizations with a non-profit advertising rate.
For more information, call 776-6496.

Community Calendar

St. John Tradewinds welcomes notices of community-oriented, not-for-profit events for inclusion in this weekly listing. Call 776-6496, e-mail editor@tradewinds.vi or fax 693-8885.

Tuesday, January 6

— The St. John Film Society will screen “180° South: Conquerors of the Useless” on January 6 at 7:30 p.m. at St. John School of the Arts in Cruz Bay. \$5 suggested donation.

Thursday, January 8

— The Animal Care Center of St. John (ACC) will have its Annual Meeting on Thursday, January 8, at 6 p.m. in the activity hall of the Lower Giff Hill School campus.

January 9-11

— Giff Hill School students, in partnership with New England Youth Theatre, will be performing in a production of “Beauty and the Beast” on Friday, January 9 and Saturday, January 10, and Sunday, January 11 at the Upper Campus. Call 776-1730 for details.

Saturday, January 10

Any child wanting to enroll in the Rowing & Seamanship Program of Kids and the Sea needs to take a swim test. KATS will provide swim instruction after the test if students do not demonstrate adequate swimming skills. The swim test will be Saturday, January 10.

Sunday, January 11

— Join Rev. Sara Zimmerman at the Unitarian Universalist Fellowship (UUF) Service on Sunday, January 11 at 10 a.m. at Giff Hill School’s

Lower Campus for the topic “No Longer the Odd Couple: Science and Spirituality.”

— The St. John Amateur Radio Club will be giving exams on Thursday, January 11, at 11 a.m., at the Emergency Center on the lower floor of the Public Works Building at the corner of Giff Hill and Centerline Roads. Bring a photo ID and \$15 fee. Call Malcolm Preston, NP2L, at 340-693-8782 for more information.

Tuesday, January 13

— Join the St. John Historical Society on Tuesday, January 13, at 7 p.m. at the Bethany Moravian Church Hall for a presentation and slide show devoted to “A Celebration of St. John Women Who Have Made a Difference!”

Saturday, January 17

— The Bethany Moravian Church Board of Stewards will be hosting a School Supply Drive on Saturday, January 17 in Franklin Powell Sr. Park from 9 a.m. to 1 p.m.

Saturday, February 13

— The 8 Tuff Miles Road Race and the St. John Cancer Fund have joined forces to present the 8 Tuff Miles Festival. The festival will begin on Saturday, February 21, at 4 p.m. with “Light up the Night” an 18-hour, family-oriented, community supported overnight event.

ALCOHOLICS ANONYMOUS MEETINGS

All meetings are now open. Monday, Tuesday, Wednesday and Friday 6 p.m. Nazareth Lutheran Church, Cruz Bay; Thursday 7 a.m. Nazareth Lutheran Church, Cruz Bay; Sunday 9:45 a.m., Hawksnest Bay Beach; Tuesday, Thursday and Saturday 6 p.m. at Moravian Church, Coral Bay

NARCOTICS ANONYMOUS MEETINGS

Narcotics Anonymous has open meetings from 6:30 to 7:30 p.m. every Saturday at St. Ursula’s Church.

AL-ANON MEETINGS

For Al-Anon meeting location and times, please call (340) 642-3263

Letters to *St. John Tradewinds*

Correctly Interpreting Sensations

Four and a half billion years ago God created the earth. Forty thousand years ago we were living a life on this planet in synchronicity with it. Then we began leaving the Garden of Eden. Up until three hundred years ago there were still a lot of people living that way now there are very few. Jesus said to love your neighbor as he loved you. Buddha said to meditate to become mindful, if you do either enough you end up at the state where you are both. Either way works, I think loving the people you meet is more fun, because most of the time they love you back when you do.

We have advanced from farming and herding to working at creating something or taking care of someone in some way that can be exchanged with someone, some way, for something we want. We have advanced to the point where this exchange has turned into the problem, we want more stuff.

We were created to learn what it is we have an extreme love for, being a basketball player, or lawyer, doctor, artist, or building a wall and try to do it well. We need to encourage each other to do it. Our mission is to help everyone do what they want to do. We are at a period in humanity which has happened in many places and many, many times in the past. The difference is that the problem, the wars and conflicts cover the planet not just a small portion of the Mediterranean and the Mideast or Asia and the damage that each of us does every mile that we drive or every time we turn on an electrical appliance.

Money, power, a boat, women, are goals to achieve, not because it feels good to create something but because those goals create more shots of dopamine to the receptors in our brain. Just like every other shot of pleasure, like tobacco, or booze or pot, or cocaine, it feels good, much more of a short term buzz than you get from helping someone. Because it doesn’t last long we have to design our lives around making it happen as often as possible.

We are increasing the carbon content of the atmosphere, which is melting the arctic ice cap and large masses of ice all over the world. When the sun’s rays hit white its heat waves bounces off, when the sun’s rays hit dark the heat waves are absorbed. There is no heading for the hills for this one, the hills are already over populated. When Miami has to be abandoned it will be difficult to find a place to go. Unless we change the way we interact with each other.

God made humans as the most advanced form of life on this planet. The most advanced animal. He has given us an amazing understanding of how it works, through the prophets and sages, if you can accept that the bible does not demand that you believe the world was created in six days. It teaches us the process that the earth and humans were created. A couple of thousand years ago Jesus appeared and gave us the answer. If we are to survive as a species we have to learn to love each other. We can’t let climate change turn us into a fearful animal, we are too dangerous for that. We have to change.

The problem is that Christianity made Jesus a God, so all we have to do is praise him, we don’t have to live our lives the way he told us to live. That is the reason we have had gods from the beginning of our history. To focus our attention on a belief and to create power, rather than living life the way that it is meant to be lived in. It is too bad, Jesus could have created a world of love and consciousness in an animal, in life, but they made him into a God, so that they could have the power of the god.

It took 1700 years but we finally have a Christian Pope that is willing to tell the priests and Bishops and Cardinals to stop being bad guys. It does not take much research to understand that Christianity is not at all what Jesus tried to teach us. Popes and their Cardinals managed religion like a kingdom. They had power and they used it for their gratification. Jesus said “love your neighbor” and these guys slaughtered all kinds of people who would not obey them.

Because we are an animal we are not naturally able to get rid of all of the natural reactions that we had when we first saw the world. Fear? Anger? Greed? Hate? They are not sins, they are instincts to help us survive. As newborns, we were sitting there with empty brains and these instincts, reacting to an environment which was full of people who were all having a problem with at least some of these issue. We were learning how to survive in the world by our reactions to it. Being like little children again is like starting over. All of these reactions start in our various body systems and our mind perceives the sensations and interprets them with whatever knowledge that we have accumulated. We have to allow the sensations to pass before we can correctly interpret them.

B. Greg Miller

Fight, for God’s Sake

Continued from Page 15

be a jewel. This is ‘paradise’ as all the tourist crap will attest to. And this will terminate with the development of the marinas in the harbor. Who will you have to blame? YOURSELVES. YOU will have polluted your paradise. It’s no good running away now--if you live here, the fight has come to your very doorstep.

Once the masses of catamarans take over your harbor the way they have taken over Road Harbor and other bays, you will carry the sense of failure and

destruction with you.. Unless, of course, you make this fight personal. That means you stop caring about popular opinion and step into this fight and remind yourself and everybody else that this is not acceptable and you have to prevent it. That is the only way I know of, but sometimes it does actually work.

Don’t think it is impossible. I have seen many MANY projects be successful when the whole community gets together. This is a fight for the whole island to fight but first, please, Coral Bay residents, make it YOUR fight.

**Laurie Dobson,
live-aboard *Calypso***

Letters to Tradewinds

Holiday Farewell from the Governor

As we approach the end of this year, and the end of my term as your Governor, I wanted to take this opportunity to thank the people of the Virgin Islands for the great honor and privilege you bestowed on me by twice electing me to serve as your Governor.

Throughout the eight years I have served as your Governor; through all the challenges as well as the ups and downs that we have faced together, I never lost faith in the ability of those of us who call the Virgin Islands home to meet and overcome whatever may confront us. I know now--even more than I believed before I took office -- how true it is that when we work together we succeed, that it is only when we are divided that we fail.

I know that everyone joins me in extending our best wishes to Governor-Elect Mapp and Lieutenant Governor-Elect Potter as they begin their term of office.

Looking ahead, and on my behalf, and on behalf of my wife, Cecile, and all of our family, I want to wish everyone in our territory the very best for the New Year and for the months and years ahead.

As you have heard me ask before, let us all commit to working together each in our own way to build a better future for all.

I thank you again for the honor of serving as your Governor.

May God Bless you and our Virgin Islands.

John P. de Jongh, Jr.
Virgin Islands Governor

to be taken because of a few people living among us, a small minority, not the majority, who continue to show disrespect for everyone, including their families, friends, and loved ones, by terrorizing and committing crimes against our people. Let us "step up" as a people to "say something" before it escalates to the point of someone becoming a victim of a crime, or the suspect in a crime.

Working together (Law Enforcement and all in our communities) for the betterment of all, should continue to be our number one priority in 2015. We can make a difference if we work together.

Again, on behalf of my enforcement and civilian staff at the Virgin Islands Police Department I wish you all a Happy, Healthy, Safe and Prosperous 2015.

Rodney F. Querrard Sr., Police Commissioner

The 2015 SIS FRANK CONCERT SERIES

World Class Performers Come to St. John

The St. John School of the Arts is proud to present a high quality series of performers throughout the winter of 2015. SJSA is certain that this year's musical line-up will captivate many more music lovers. By purchasing tickets and attending the performances you can participate in making our island a more joyful and enriching place to be.

INTERSECTION THURSDAY, JANUARY 15

THE VESPER FRIDAY, MARCH 6

AMADI AZIKIWE FRIDAY, MARCH 20

DEANNA BOGART SATURDAY, APRIL 11

ALL CONCERTS BEGIN AT 7:30 PM








ST. JOHN SCHOOL OF THE ARTS

Empowering the Children of St. John through the Arts

Purchase Your Concert Series Tickets Now!

\$120 SERIES TICKET: Includes 4 concerts for the 2015 season.

ORDER ON-LINE: www.stjohnschoolofthearts.org

MAKE CHECKS PAYABLE TO SJSA and mail to: PO Box 180, St. John, VI 00831.

Single performance tickets will go on sale December 15th for \$35 per ticket.

Please call 779-4322 if you have any questions.

This project is funded in part by the Virgin Islands Council on the Arts and National Endowment for the Arts.



New Year Message from VIPD Comm.

On behalf of the Virgin Islands Police Department, and my family, I wish everyone Season's Greetings, and the very best for a Safe, Prosperous and Healthy coming New Year.

As the Christmas Season kicks in to high gear, so does the individuals who have no care for one's property, or wellbeing. These criminals look for opportunities to take the property of someone by various means; for instance, a parked vehicle with items clearly visible from the outside, homes hidden away due to overgrown trees etc. or just left unsecured, and at business employees who are routine in their ways, among numerous others.

I want to take this opportunity to ask everyone to be vigilant, especially this time of the year. Take all the steps possible so you don't become a victim of someone who really doesn't care how hard you worked for what you paid for.

Here are some steps to take to avoid becoming a victim:

1. Do not leave items visible from the outside in your parked car.
2. Make sure your car is properly secured and parked in a well-lit area, preferably where there is a lot of vehicular or foot traffic.
3. Cut any overgrown trees blocking your home from being seen by a neighbor, or from the street.
4. Leave a light on when you leave your home.
5. When going out, travel in groups of two or more, if possible.
6. Do not go to an area you are not familiar with, especially at night.
7. Business owners and employees, and financial institution managers and employees should ensure that their security systems are working and recording. Conduct a test every so often. The same goes for home owners with security systems.
8. Business and financial institutions employees should take necessary measures to ensure that their daily activities are not "routine".
9. Call 911 if you observe something suspicious or out of the ordinary while at home, or in the establishment where you work.
10. When walking with a purse or bag, try and keep it in front of you to make it difficult for a perpetrator to grab and run with.
11. Do not flash money while paying a bill at any establishment.

These are just a few measures one can take to reduce the possibility of becoming a victim of a crime. It is unfortunate that these measures have

1-4

CRYPTOQUIP

W I V S E O I S H H X D O A S C I J D S H K I I M O S J I C S Z I K
 V S J I P Y W B S U E B Y J P A X I H O D K Z D , D U E I O O
 X I ' O S Y D K K - M I T I K M I K C T I J O P K .

Today's Cryptoquip clue: K equals N

Church Directory

Baha'i Community of St. John

For Devotions and Study Circles, call 714-1641
7:30 p.m. Fridays; Study Circles 9 a.m. Sundays
776-6316, 776-6254

Bethany Moravian Church

Sunday School 9 a.m., Divine Worship 10 a.m.

Calvary Baptist Church

13 ABC Coral Bay, 776-6304
Sunday School 10 a.m., Sunday evening 6 p.m., Thursday 7 p.m.

Christian Ministry

Cinnamon Bay Beach
Inter-Denominational, Sunday 8:30 a.m.

Church of Jesus Christ of Latter-day Saints

Sun. 9 a.m., on St. Thomas . 776-2379
Sun., 5 p.m., STJ, Lumberyard

Cruz Bay Baptist Church

Sunday 11 a.m., 6 p.m. 776-6315

Emmaus Moravian Church

Coral Bay, Divine Worship 8:30 a.m., 776-6713

Freshwater Church

Freshwater Church St. John USVI
Sunday Worship 10 am at Hawksnest Beach
Follow us on Facebook, 340.514.6578

Jehovah's Witness

7:30 p.m. Tuesdays; 7 p.m.
Saturdays (Español), 10 a.m. Sundays, 340-715-053

Missionary Baptist Church

9:30 a.m. Sunday Services, 10:45 Worship,
Tuesday 7 p.m. Bible Study 693-8884

Nazareth Lutheran Church

Sunday 9 a.m., Sunday School 8 a.m. 776-6731

Our Lady of Mount Carmel Catholic Church

Saturdays: 6 p.m.; Sundays: 7:30 & 9:30 a.m., 12:30 p.m. in Coral Bay
at the John's Folly Learning Institute & 6 pm. in Spanish;
Mondays: 12:15 p.m.; Tuesdays, Wednesdays & Thursdays: 7 a.m.
& Fridays: 7 p.m. Call 776-6339 for more information.

Prayer House of Faith

Sunday Morning Service at 8 a.m; Bible Study at 7:30 p.m. on Mondays
Prayer services at 7:30 p.m. on Wednesdays; 340-690-3820

St. John Methodist Church

Sunday 10 a.m, 693-8830

Seventh Day Adventist

Saturdays, 779-4477

St. John Pentecostal Church

Sunday 11:05 a.m., 6:30 p.m. Tuesdays Prayer 7:30 p.m.,
Thursdays Bible Study 7:30 p.m. 779-1230

St. Ursula's Episcopal Church

Sunday Church Service, 9 a.m.
Bible Class on Wednesdays at 5:30 p.m. 777-6306

Unitarian Universalist Fellowship

9:45 a.m. Sunday, 776-6332

Denmark/USVI Student Exchanges Continue

St. John Tradewinds

Efforts to bolster teacher and student relations between the U.S. Virgin Islands and Denmark will continue next month as the Department of Education will host a contingent of educators and students from overseas that will have the opportunity to explore and interact with our teachers and students from schools across the territory.

In September, eight local educators traveled to Denmark an initiative led by Commissioner Donna Frett-Gregory, to participate in the United Nations Educational, Scientific and Cultural Organization (UNESCO) annual Transatlantic Slave Trade conference, one of the key components of the organization's Transatlantic Slave Trade ("TST") project, an initiative that works with designated schools in Africa, Europe and the Caribbean to study slavery and its implications in each region. The project's objective is a cross-cultural exchange of information, teaching activities and ideas and is key in helping students understand their past and transforming their future.

"The program and this trip fostered the on-going collaboration between the Virgin Islands and Denmark that is based around our history, the value of education and cultural understanding," Education Commissioner Frett-Gregory said this week. "Over the years we have had cultural exchanges with historians, students on certain projects, some Danish teachers and trades workers reviewing our historic structures. This

delegation was specifically targeted toward educators and building the relationships with those that interface with our students every day."

Already, two sets of student groups from Denmark working through the project have visited St. Croix, and Frett-Gregory announced this week that a third is expected on Jan. 12th, 2015. A second group will arrive on January 25th and will stay until the beginning of February, Frett-Gregory announced Wednesday.

"A mini-conference and historical tours are planned to welcome our guests," the Commissioner added. "Some of the most important benefits of this project is to provide our teachers and students global learning experiences, cross-cultural exchange opportunities, and activities designed to remind Virgin Islanders to always promote, protect, and preserve the rich history and culture of the U.S. Virgin Islands. We look forward hosting these delegations from Denmark and continuing the collaboration."

Frett-Gregory underscored the importance of giving the territory's students an opportunity to broaden their perspectives and make global connections that will not only help them recognize their own unique history but build cross-cultural relationships. The Department's work goes hand in hand with larger territorial efforts by the Centennial Commission to plan 100-year anniversary events celebrating the ties between the U.S. Virgin Islands, the United States and Denmark, Frett-Gregory added.

Virgin Islander Wins Major Literary Award

St. John Tradewinds

Virgin Islander Tiphonie Yanique, an assistant professor of writing at The New School and a graduate of All Saints Cathedral School, has been awarded the 2014 Flaherty-Dunnann First Novel Prize presented by The Center for Fiction. Her 368-page novel, "Land of Love and Drowning," was selected over a field of 25 other debut novels. Yanique was presented with the \$10,000 prize at the center's Annual Benefit and Awards Dinner held on December 9.

"The Flaherty-Dunnann Center for Fiction Prize is a national one. It feels incredibly gratifying that the Virgin Islands is being noticed and lauded on a national level in this way. Yes, we are a place of great natural beauty—world class beaches, hiking trails, etc. But we are also a place where serious art is being created by the human beings who call the Virgin Islands home.

I hope this prize brings more attention to the many hard working and talented writers, painters, dancers and other artists in and from the Virgin Islands," Yanique said this week.

"Land of Love and Drowning" is a family saga chronicling three generations of a St. Thomas family during the years from 1916 to 1970. The book has been described as "a love letter to the Virgin Islands, both the land and spirit of the place" by commentator Brooke Obie in the Los Angeles Review of Books.

Madison Smartt Bell reviewed the book for the Boston Globe and stated, "This novel builds its best effects rather slowly, but in the end Yanique succeeds in evoking the panorama of the Virgin Islands in a voice all her own."

Yanique is also the author of "How to Escape a Leper Colony: A Novella and Stories", as well as short fiction, essays and poetry. Her children's book, "I Am The Virgin Islands," was commissioned by her aunt, Cecile de Jongh, First Lady, as a Christmas gift to the territory's children in 2012. In 2011, her work was featured in the Virgin Islands Humanities Council's "We the People" initiative.

Yanique is a member of the Smith and Galiber families of St. Thomas and St. Croix. She was

raised by her grandparents, Beulah Smith Harrigan and Delvin Harrigan, in the Hospital Ground neighborhood. After graduating from All Saints High School in 1996, she attended Tufts University where she received her bachelor's degree in 2000. Not long after, she was awarded a Fulbright Scholarship in English literature and creative writing at the University of the West Indies Mona Campus in Jamaica and at the University's St. Augustin Campus in Trinidad where she researched Caribbean female writers. Her master's degree in creative writing was earned at the University of Houston, where she held a Cambor Fellowship. Yanique has taught writing and teaching courses at Drew University. She currently is an assistant professor of writing at The New School, teaching undergraduate and graduate students.

"John and I are incredibly proud of my niece, Tiphonie, and all her accomplishments. She is a wonderful wife, mother, sister, niece along with being a talented and prolific writer," said Mrs. de Jongh.

de Jongh Announces New Agreement To Resolve Dispute With U.S. Customs and Border Patrol

St. John Tradewinds

Governor John P. de Jongh, Jr. said today that the Government of the Virgin Islands and the U.S. Customs and Border Patrol (CBP) have executed a new Memorandum of Agreement (MOA) to resolve a long-standing dispute over the responsibility for financing the costs of CBP's activities in the Virgin Islands, including customs pre-clearance services which are critical to the territory's tourism industry.

"This agreement not only ensures that the Virgin Islands will receive the vital services it requires from the CBP, including Customs pre-clearance, but stipulates that the territory will no longer subsidize these services through its local customs duties," de Jongh said, adding that, "After years of discussion and negotiations, the federal government has agreed to fund pre-clearance and other federal CBP activities through federal appropriations and user fees, allowing us to retain more of our own customs duties for our General Fund needs, as Congress intended."

The dispute resolved by the new agreement involved the CBP's use of V.I. customs duties it collects on behalf of the territory to help finance a portion of its federal activities in the Virgin Islands. According to de Jongh, CBP had been keeping an increasing proportion of V.I. customs revenues over the years to pay for its activities in the territory, and since 2011 had kept all of the territory's duties it collected.

De Jongh said that although it is a territory of the United States, the Virgin Islands is outside of the "customs territory" of the United States, and is authorized by the Revised Organic Act to impose its own customs duties and similar fees to generate revenues for the local government. The territory has generated as much as \$16 million a year in local duties and fees in recent years, but the CBP has been retaining an increasing amount of these duties and fees to cover the cost of its operations

and activities on St. Croix, St. John and St. Thomas, leaving the government with little or no net revenue.

He said that although CBP has, until now, withheld a full accounting of its use of Virgin Islands revenue, CBP's diversion of funds is estimated to have cost the Virgin Islands millions of dollars annually. For example, in fiscal year 2012 CBP retained all Virgin Islands customs duty revenue, collecting approximately \$12 million in Virgin Islands customs duties, and charging the Virgin Islands over \$12 million in costs.

Those charges included over \$1.5 million in federal immigration inspection costs, nearly \$1 million in federal agriculture inspection costs, and as much as \$3 million in federal customs costs. On top of millions in unreimbursed federal costs, de Jongh said that CBP took another nearly million dollars to pay for overhead for its Washington, D.C. headquarters. The estimates for some years show that more than half of Virgin Islands customs revenue was improperly used by CBP to fund other federal activities, the Governor said.

"Just as important as the additional revenues that will flow to the Government's General Fund under this new MOA is the strong relationship we have developed with the CBP in the course of our negotiations. I am thankful for the cooperation and willingness to find solution to this dispute both by CBP officials in Washington, as well as by the CBP regional office in Puerto Rico led by Marcelino Borges. I am most appreciative of the support and leadership provided by CBP Commissioner Gil Kerlikowske who I got to know well in Washington when he served as the White House Director of National Drug Control Policy and when we met to discuss the security and financial challenges of the territory. In our meetings on the MOA, he reminded me of our work together to find common solutions, and I believe that was the key factor in our reaching this agreement," Governor de Jongh said.

According to the governor, CBP is authorized by statute to withhold its costs for collecting V.I. customs duties, but not for the federal activities it undertakes in the Territory, such as border surveillance and enforcement of immigration and agricultural laws. CBP has claimed it is entitled to

withhold additional amounts pursuant to a Memorandum of Agreement that the Government executed with CBP's predecessor agency in 1994, but de Jongh has argued that the 1994 MOA was outmoded and had to be re-negotiated.

The new agreement also provides a mechanism to allow the

Virgin Islands to request new or enhanced CBP services on a reimbursable basis and establishes a reporting system that will allow the Virgin Islands Government to track CBP's costs in the territory in order to ensure it is not overcharged for CBP's costs of collecting V.I. customs duties.



Breakfast in a Basket?

Lilliana Farrell holds a still warm egg in the basket, left by a visiting chicken at her grandmother's stall in the park on Christmas Eve, while her brother Isaiah looks on.

St. John Tradewinds News Photo by Amy Roberts

Crime Stoppers U.S. Virgin Islands

St. John Tradewinds

Crime Stoppers thanks you for making a difference in the US Virgin Islands. As we are in the midst of the festive holidays, Crime Stoppers and the police department are urging you to drive safely, and always have a designated driver if you are partying.

St. John

On December 18 at about 5:45 p.m., officers were dispatched to Myrah Keating Clinic in response to an assault. The victim stated that while he was in a bar in Coral Bay on December 16, he and an unknown Caucasian male got into a verbal altercation that led to being punched. If you or anyone who may have witnessed this incident, please call Crime Stoppers or law enforcement.

St. Thomas

On December 19 at 11:45 a.m., officers traveled in the area of Tutu High-Rise of Building #5 in response to a shooting. A black male, found unresponsive and with several gunshot wounds, was identified as Ismael Sasso of Estate Wintberg. Anyone having information about this crime can contact the Major Crime Office at 714-9843, 714-

9823, 714-5391, 911, or Crime Stoppers.

St. Croix

On December 3 at 10:15 p.m., police were dispatched to the Estate Humbug area and found an unresponsive male lying on the side of the road with several gunshot wounds. The victim, who was wearing a white T-shirt, blue jeans, and red and white sneakers was later pronounced dead by medical personnel at the Juan Luis Hospital. He may have been driving a white Chevy Malibu. If you or anyone who may have seen him earlier that evening or may have information concerning this incident, please call Crime Stoppers or law enforcement.

Step up and be part of the solution. Tell us what you know about these crimes at www.CrimeStoppersUSVI.org or by calling 1-800-222-TIPS (8477), or by texting "USVI" plus your message to CRIMES (274637). If your tip leads to an arrest or the recovery of stolen property, illegal drugs, or weapons, you will receive a cash reward to be paid according to your instructions. Merry Christmas on behalf of Crime Stoppers and the members of VIPD!!!



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Crossword

By Frank A. Longo

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19			
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128								129								130					
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TIME FOR A FRESH START

ACROSS

- 1 Keys that get "tickled"
- 8 Mysteries
- 15 Longtime Volkswagen model
- 20 Port near Naples
- 21 Alloy
- 22 Brand of deodorant
- 23 SkyDome national anthem
- 24 Harley-Davidson product
- 26 TV's Sajak
- 27 Meditation sounds
- 29 With 64-Across, Japan's place
- 30 A teacher prepares it
- 31 Also called
- 38 Nero's 111
- 39 Political analyst Myers
- 40 Devilish look
- 41 Black-and-white bird
- 44 Optical storage format for burning data
- 46 Put- — (pranks)
- 47 Ranch jaunt
- 49 "Socrate" composer Erik
- 52 Black-and-white bird
- 54 With 112-Down, backbeat instruments
- 56 Billionaire Bill
- 57 Marking the start of, as a 133-Across
- 60 Homer epic
- 62 Mani offerer
- 63 Hydroxyl-containing compound
- 64 See 29-Across
- 66 Less jagged
- 70 Cuts down

- 72 Film set at Faber College
- 76 Life-or-death
- 77 Shoe part
- 79 County south of Niagara
- 80 — Pet
- 82 Org. backing guns
- 83 Like films, restaurants and bonds
- 86 Key of Chopin's "Raindrop" prelude
- 89 Less abundant
- 92 Suspicious
- 94 Bump hard
- 95 Choir song
- 96 #1 Beatles hit of 1964
- 98 Unbroken
- 100 Whaler, e.g.
- 102 Non-rush-hour, say
- 103 Pilot
- 105 Some Japanese cartoons
- 109 Uncle, in Rio
- 110 Pampering treatment
- 114 Carport's kin
- 117 Meal crumb
- 118 Sked guess
- 119 Dernier — (very latest fashion)
- 120 Bed for eggs Benedict
- 125 49ers' home, for short
- 128 Fast Amtrak train
- 129 Creator of Tigger and Eeyore
- 130 Chemical salt in spinach and parsley
- 131 Epoxy, e.g.
- 132 How some things are chiseled
- 133 An apt one is spelled out by combining the first two letters of nine Across answers in this puzzle

DOWN

- 1 14-legged crustacean
- 2 Move out of
- 3 Kansas city
- 4 Stimp's pal
- 5 Gershwin the lyricist
- 6 Granted
- 7 "Me too"
- 8 Bolt down
- 9 Sydney's state: Abbr.
- 10 Patricia T. O'Conner's "Woe —"
- 11 Really go after
- 12 Showy parrot
- 13 Corporal on "F Troop"
- 14 Sch. term
- 15 Actress Fonda
- 16 Bits of work
- 17 Alternative to Wheat Thins
- 18 Compound in pottery glazes
- 19 Compounds paired with thymines in DNA
- 25 Nobody — (mine alone)
- 28 Sizzling bacon sound
- 32 Munsters' boy
- 33 Worship
- 34 Japanese mushroom
- 35 Author Kesey
- 36 Fed Eliot
- 37 After, to Gigi
- 42 Israeli desert region
- 43 Got silver, as hair
- 45 Was too long, as a sentence
- 47 Was given no choice
- 48 Suffix with direct
- 49 Fish-on-rice dish
- 50 Trembly tree
- 51 Mellows out
- 53 — fruit (tangelo kin)
- 55 Munched
- 58 Not fitting
- 59 Less distant
- 61 "The way I — ..."
- 65 Frazier fighter
- 67 Black-clad mercenary
- 68 Actor Flynn
- 69 Update the arsenal of
- 71 Hollywood's Meryl
- 73 Dogfight
- 74 "Mighty Bruins" sch.
- 75 Frauds
- 78 Old Yankee Combs
- 81 Stepping (up)
- 84 Analogous
- 85 Hollywood's Stiller
- 87 Middle Corleone brother
- 88 Meat jelly
- 89 Wear for mob quellers
- 90 Promise to marry
- 91 Beats into shape again
- 93 Part of BYO
- 97 Lots in life
- 99 Nothing at all
- 101 Paleolithic tool
- 103 Trim up, say
- 104 Adam and —
- 106 Gordon of "Oklahoma!"
- 107 Typo list
- 108 One fishing with a net
- 111 "— is an island ..."
- 112 See 54-Across
- 113 "Challenge accepted!"
- 115 "— Ask of You"
- 116 Composer — Carlo Menotti
- 121 "Bali —"
- 122 Mel's Diner waitress
- 123 Orbitz listing
- 124 Born, to Gigi
- 126 Rural denial
- 127 Go by jet

Answer to Jan. 4 Cryptoquip:

BECAUSE ALL HIS MATERIAL NEEDS ARE TAKEN CARE OF BY A GUY FROM HELSINKI, I GUESS HE'S A FINN-DEPENDENT PERSON.

Classifieds

Public Notice

DEPARTMENT OF PLANNING AND NATURAL RESOURCES
INFORMATIONAL MEETING ON PROPOSED WIRELESS FACILITY AND WIRELESS SUPPORT STRUCTURE
ST. JOHN, U.S. VIRGIN ISLANDS

DPNR St. John Office, Cruz Bay
 (In front of the Elaine Sprauve Library)
Tuesday, January 13, 2015
6 pm

The Department of Planning and Natural Resources has received an application to replace the wireless facility and wireless support structure at Parcel No. 10-10-10 Estate Carolina, St. John and in accordance with the Wireless Facility and Wireless Support Structure Rules and Regulations, Title 29, Chapter 5, Subchapter 312 (b), an informational meeting will be held. All persons are invited to attend the informational hearing were the applicant will give a presentation and answer questions related to the proposed work.

Files can be reviewed at DPNR's St. John Office, Cruz Bay, between 8:30 a.m. and 4:30 p.m., Monday through Friday except holidays.

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 15A-3-10 Rendezvous & Ditleff \$730,000 .70 Acres	 13Bb-5 Hard Labor \$650,000 .26 Acres	 6-3-116 Carolina \$99,000 .501 Acres

Happy New Year

New Floor Poured for New Restaurant in Former Joe's Diner



St. John Tradewinds News Photo by Judi Shimel

A portion of King Street was blocked off on New Year's Eve day while contractors poured concrete for the new floor of the future Longboards restaurant in the former Joe's Diner which served the Cruz Bay area with breakfast and fast food lunch dishes for more than 40 years.

LOVE VIEW





LOVE VIEW Hear the sound of surf from the shoreline below from this all masonry home featuring panoramic views of the east end of St. John, the BVI's, sunrise and moonrise, facing the easterly breezes and pristine quiet of the National Park surrounding the area

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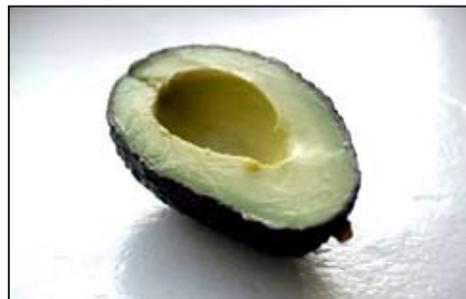
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The New Skinny on Dietary Fat



Dear EarthTalk:

What's the skinny on fat these days? I saw a major magazine cover image recently that was suggesting fat wasn't so bad for us after all?

– Marcy Bellwether, Taos, NM

Going “fat-free” might seem like an effective, safe way to lose weight when considering that fat contains nine calories per gram, compared to four calories per gram in carbohydrates and proteins. But if you take into account the fact that approximately 60 percent of human brain matter consists of fats, eating reduced fat or fat-free foods high in sugar and refined carbohydrates no longer seems as appealing for our health.

“The brain thrives on a fat-rich, low carbohydrate diet, which unfortunately is relatively uncommon in human populations today,” reports David Perlmutter, author of Grain Brain. “Mayo Clinic researchers showed that individuals favoring carbohy-

drates in their diets had a remarkable 89 percent increased risk for developing dementia as contrasted to those whose diets contained the most fat. Having the highest levels of fat consumption was actually found to be associated with an incredible 44 percent reduction in risk for developing dementia.”

Granted, certain types of fats are more beneficial than others. “Good” fats include monounsaturated fats, found abundantly in olive oil, peanut oil, hazelnuts, avocados and pumpkin seeds, and polyunsaturated fats (omega 3 and omega 6), which are found in flaxseed oil, chia seeds, marine algae oil and walnuts.

“In the ‘70s and early ‘80s... we were not talking about low-fat diets. We were talking about replacing saturated fat with a healthy fat, polyunsaturated fat,” says Walter Willett, professor of epidemiology and nutrition at the Harvard School of Public Health. “But somewhere in the mid-1980s, we lost that message. It’s perhaps partly because

Avocado is one of the superfoods which contain good fat that is crucial for brain health.

some nutritionists felt it was too complicated to talk about different types of fat, and developed the notion we should just reduce all types of fat across the board.”

With over five million Americans currently living with Alzheimer’s disease, researchers are examining which dietary fats may help prevent dementia. Olivia Okerke at Brigham & Women’s Hospital tested how different types of fats affect cognition and memory in women. Over the course of four years, she found that women who consumed high amounts of monounsaturated fats had better overall cognitive function and memory. A study by researchers from Laval University in Quebec revealed similar findings: Diets high in monounsaturated

fats increased the production and release of the neurotransmitter acetylcholine, which is critical for learning and memory. The loss of acetylcholine production in the brain has been associated with Alzheimer’s disease.

Unfortunately, canola oil, which is high in monounsaturated fats in its natural form, is often hydrogenated so it can stay fresh longer in processed foods. Partially hydrogenated oils—also known as Trans fats—were shown to be detrimental to memory in a recent University of California San Diego study. “Trans fats increase the shelf life of the food but reduce the shelf life of the person,” reports study author Beatrice Golomb.

Of course, a well-rounded diet with plenty of fruits and vegetables may still be the best way to stay healthy. But it’s good to know that a little fat here and there won’t kill you. In fact, it might well help you live a healthier, more productive life.

CONTACTS: David Perlmutter, www.drperlmutter.com; Harvard School of Public Health, www.hsph.harvard.edu; Brigham & Women’s Hospital, www.brighamandwomens.org.

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<p>“VILLA LE VIRAGE” Pt. Rendezvous South Shore views from 4x4 villa, masonry, great porches, island stone work, tropical gardens, tastefully furnished. MLS 14-233 \$1,850,000</p>	<p>“VILLA MADELINE” VIDEO A classic stone and tile roof exterior, with a modern, luxurious 2x2.5 interior plus pool and bar-b-que deck, overlooking Coral Bay! MLS 14-332 \$1,395,000</p>	<p>“PARADISE ON THE ROCKS” Two unit (2x2 and 1x1) home. Coral Bay ocean views and mountain breezes. Private entry apartment, lush landscaping and more. MLS 14-473 \$995,000</p>	<p>“SONNENBERG” Amazing views from Bordeaux to BVI from many decks. Lg. pool w/ cabana guest room, in gated community perched above Coral Bay. 4X4 MLS 13-392 \$950,000</p>	<p>INVESTORS SPECIAL The groundwork has been laid to complete this Fish Bay house! Masonry 2X1 apartment completed plus wooden private cottage. MLS 13-129 \$699,000</p>	<p>YOU CAN SEE FOREVER Exceptional Bordeaux Mt views to BVI's. Two independent cottages offer generous view porches, lush gardens, & living options. MLS 13-346 \$585,000</p>																																
<p>“CORAL COTTAGE” Cute Caribbean cottage w/ lg. decks, overlooking Coral Bay to Virgin Gorda. Plenty of room on large lot to expand or add pool. 3x2 MLS 14-25 \$510,000</p>	<p>GIFFT HILL GEM Quiet neighborhood, 2 unit home (2x1 up / Studio down), level parcel, pleasant view to Pillsbury Sound, lush gardening opportunities. MLS 13-347 \$475,000</p>	<p>“COQUI COTTAGE” Caribbean cute and ready to be loved! Studio layout with king bed in a solid masonry building makes a great start on this .5 acre lot. MLS 13-498 \$372,500</p>	<p>“GALLOWES POINT” VIDEO Waterfront Unit 9C – 1x1.5 loft w/ private deck/patio, common beach, pool and spa. Restaurant & concierge svcs. on property. Walk to town! MLS 14-244 \$1,100,000</p>	<p>“RAINBOW'S END” AT BATTERY HILL 2X1, clean and colorfully decorated pool-side condo is close to town w/ nicely manicured grounds. Seller says make an offer! MLS 12-358 \$449,000</p>	<p>OWN A MONTH IN A LUXURY HOME 3 BR/3.5 BA or 4 BR/4.5 BA villa in upscale Virgin Grand Estates. 3,000 sq ft villas w/ STT & sunset views, pool, AC & more. From \$50,000</p>																																
<p>LOTS OF LAND LISTINGS!!</p> <table border="0"> <tr> <td>CAROLINA</td> <td>from \$ 70,000</td> <td>CALABASH BOOM</td> <td>hillside \$ 135,000</td> </tr> <tr> <td>EMMAUS</td> <td>hillside \$ 75,000</td> <td>HANSEN BAY</td> <td>hillside & WATERFRONT \$ 144,000</td> </tr> <tr> <td>FISH BAY</td> <td>from \$ 79,995</td> <td>VIRGIN GRAND ESTATES</td> <td>from \$ 150,000</td> </tr> <tr> <td>CHOCOLATE HOLE</td> <td>from \$ 118,500</td> <td>GLUCKSBERG</td> <td>from \$ 195,000</td> </tr> </table>		CAROLINA	from \$ 70,000	CALABASH BOOM	hillside \$ 135,000	EMMAUS	hillside \$ 75,000	HANSEN BAY	hillside & WATERFRONT \$ 144,000	FISH BAY	from \$ 79,995	VIRGIN GRAND ESTATES	from \$ 150,000	CHOCOLATE HOLE	from \$ 118,500	GLUCKSBERG	from \$ 195,000	<p>MOTIVATED SELLERS!!</p> <table border="0"> <tr> <td>FREEMAN'S GROUND</td> <td>from \$ 199,000</td> </tr> <tr> <td>CONCORDIA</td> <td>from \$ 205,000</td> </tr> <tr> <td>LOVANGO CAY</td> <td>South shore from \$ 250,000</td> </tr> <tr> <td>SAUNDERS GUT</td> <td>hillside & WATERFRONT from \$ 299,000</td> </tr> </table>		FREEMAN'S GROUND	from \$ 199,000	CONCORDIA	from \$ 205,000	LOVANGO CAY	South shore from \$ 250,000	SAUNDERS GUT	hillside & WATERFRONT from \$ 299,000	<p>SOME SELLER FINANCING!!</p> <table border="0"> <tr> <td>UPPER MONTE BAY/RENDEZVOUS</td> <td>from \$ 699,000</td> </tr> <tr> <td>PETER BAY/NORTHSHORE</td> <td>from \$ 1,650,000</td> </tr> <tr> <td>WESTIN TIMESHARES</td> <td>from \$ 3,999/wk</td> </tr> <tr> <td>ONE MONTH FRACTIONALS</td> <td>from \$ 50,000</td> </tr> </table>		UPPER MONTE BAY/RENDEZVOUS	from \$ 699,000	PETER BAY/NORTHSHORE	from \$ 1,650,000	WESTIN TIMESHARES	from \$ 3,999/wk	ONE MONTH FRACTIONALS	from \$ 50,000
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St. John Tradewinds News Photos by Courtesy of A. Coleman



Island Youth Celebrate New Year's Eve in Safe Environment

St. John Youth had a safe New Year's Eve party to attend thanks to the Fifth Annual Sisterhood/Brotherhood New Year's Eve Youth Extravaganza fettering DJ Fergie who played tunes throughout the night at Franklin Powell Park. This annual alcohol- and drug-free youth event was sponsored by community partners: St. John Community Foundation, V.I. National Park, V.I. Police Department, and V.I. Sports, Park & Recreation.

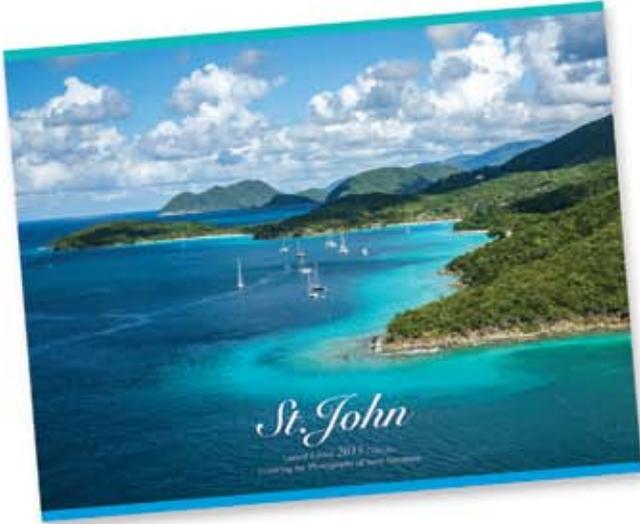
ST. JOHN















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